



## FIGHT LABS

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# MULTIVITAMIN & ESSENTIAL MINERALS

## 150 Natural Vital Nutrients & Phytochemicals

- 150 Natural Vital Nutrients
- 29 Fruits & Vegetables / 24 Proprietary Herbs
- 13 Vitamins / 70 Trace Minerals / 17 Amino Acids
- Omega 3, 6, 9
- 6 Digestive Enzymes
- 100% Vegetarian

### Proprietary Blend

3590mg \*

#### NATURAL PHYTO NUTRIENT FOOD MATRIX

Aloe vera juice, Lithothamnium calcareum, Cultivated Seaweed (*laminaria digitata*), Citrus Bioflavonoids, Fruits + Greens (extracts of: banana, kiwi, mango, pineapple, cranberry, cherry, raspberry, red pepper, plum, apricot, ginger, broccoli, spinach, kale, cabbage, orange, grapefruit, lemon, lime, green tea.), Bee Pollen (*apis mellifica*), Mangosteen extract (*garcinia mangostana*) Noni 4:1 Extract (*morinda citrifolia*) (fruit), Pomegranate 4:1 Extract (*punica granatum*), Pau d'arco (*tabebuia impetiginosa*), Spirulina (*arthrosira platensis*), Wheatgrass (*triticum vulgare*) (leaf), Olive Leaf Extract (*olea europaea*), Irish Moss (*chondrus crispus*) (whole plant), Blue Green Algae (*aphanizomenon flos-aquae*), Horsetail Extract (*equisetum arvense*)

#### VISION & VITALITY MATRIX

MSM (Methylsulfonylmethane), TMG (as betaine anhydrous), Glucosamine Hcl USP, Grape Seed Extract (*vitis vinifera*), Rhodiola Rosea, Hyaluronic acid.

#### DIGESTIVE SUPPORT MATRIX

Apple Pectin (*malus domestica*) (fruit), Parsley (*petroselinum crispum*) (aerial parts), Cinnamon (*cinnamomum zeylanicum*) (bark), Fenugreek (*trigonella foenum-graecum*) (seed)

#### DIGESTIVE ENZYME THERAPY (Organic Plant)

Bromelain, Amylase (starch liquifying and digesting), Protease (protein solubilizing), Lipase (fat splitting), Cellulase (digestion of cellulosic material), Lactase (milk and dairy digesting)

#### CIRCULATORY SUPPORT MATRIX

Hawthorn Berry (*fructus crataegi*) 4:1 Extract, Acai Berry (*euterpe oleracea mart.*) 4:1 Extract, Horse Chestnut (*aesculus hippocastanum*) (seed), Red Korean Ginseng (*radix panax C.A. meyer*) (root), Ginko Biloba, Eleuthero (*eleutherococcus senticosus*), Coenzyme Q10 (as ubiquinol)

#### LIVER CLEANSE & DETOX

Goji Berry (*lycium barbarum*) extract, Suma (*pfaffia paniculata*), Alfalfa Extract (*medicago sativa*), Alpha Lipoic Acid, Burdock Root (*arctium minus*)

#### NATURAL CAROTENOID BLEND

from natural tomato extract: lycopene, beta-carotene, phytoene, phytofluene Marigold Petal Extract (containing lutein and zeaxanthin)

#### VEGETARIAN AMINO ACID BLEND from Organic Quinoa

Alanin, Arginine\*, Aspartic Acid, Cystine, Glutamic Acid, Glycine, Histidine, Isoleucine\*, Leucine\*, Lysine\*, Methionine\*, Phenylalanine\*, Proline, Serine, Threonine\*, Tyrosine\*, Valine\*

#### TRACE MINERALS (Sea Vegetation Derived)

Antimony, Barium, Beryllium, Bismuth, Boron, Bromine, \*Cadmium, Calcium, Carbon, Cerium, Cesium, \*Chloride, Chromium, Cobalt, Copper, \*Dysprosium, Erbium, Europium, Fluoride, \*Gadolinium, Gallium, Germanium, Gold, \*Hafnium, Holmium, Indium, Iodine, Iridium, Iron, Lanthanum, \*Lithium, Lutetium, Magnesium, Manganese, \*Molybdenum, Neodymium, Nickel, Niobium, \*Osmium, Palladium, Phosphorous, Platinum, \*Potassium, Praseodymium, Rhenium, Rhodium, \*Rubidium, Ruthenium, Samarium, Scandium, Selenium, \*Silicon, Silver, Sodium, Strontium, Sulfur, Tantalum, \*Tellurium, Terbium, Thallium, Thorium, \* Thulium, Tin, Titanium, Tungsten, Vanadium, \*Ytterbium, Yttrium, Zinc, Zirconium

#### OTHER INGREDIENTS

Purified Water, Vegetable Glycerin USP, Agave Nectar (from Agave Cactus), Blueberry juice, Elderberry Juice, Natural flavoring, Citric acid, Potassium Benzoate (to preserve freshness), Potassium Sorbate (to preserve freshness)



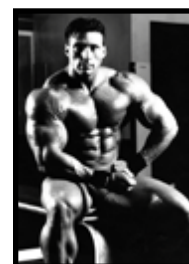
## SUPPLEMENT FACTS

Serving Size: 1 oz.  
Servings Per Container: 32

Amount Per Serving	% Daily Value	
Calories	48	—
Total Carbohydrates	11g	2%
Sugars	4G	—
Fat	<1g	<1%
Sodium	23 mg	<1%
Dietary Fiber	2g	8%
Vitamin A (as retinyl palmitate)	5000 iu	1100.0%
Vitamin B1 (as thiamine)	1.5 mg	100.0%
Vitamin B2 (as riboflavin)	1.7 mg	100.0%
Vitamin B3 (as niacinamide)	20 mg	100.0%
Vitamin B5	10 mg	100.0%
(as d-calcium pantothenate)		
Vitamin B6 (as pyridoxine Hcl)	2 mg	100.0%
Vitamin B12	10 mcg	166.0%
(as methylcobalamin)		
Folic Acid	400 mcg	100.0%
Biotin	300 mcg	100.0%
Choline (bitartrate)	15 mg	*
Vitamin C	120 mg	200.0%
Vitamin D (as cholecalciferol)	400 iu	100.0%
Vitamin E	30 iu	100.0%
(as d-alpha tocopherol acetate)		
Calcium (plant source)	32 iu	3.0%
Magnesium (plant source)	5 mg	1.0%
Manganese	1 mg	50.0%
(as manganese chelate)		
Zinc (as zinc picolinate)	1 mg	7.0%
Chromium Polynicotinate	120 mcg	100.0%
Molybdenum	75 mcg	100.0%
(as sodium molybdenate)		
Borage	25 mcg	*
(source of gamma linolenic, linoleic, oleic, stearic, and palmitic fatty acids)		

Proprietary Multi-Fiber Complex 2000mg \*  
Isomaltoligosaccharides prebiotic fiber, FOS Prebiotic Fiber Blend

These statements have not been evaluated by the FDA. This product is a dietary supplement and is not intended to diagnose, treat, cure, or prevent any disease.



**“As the Strength and Conditioning Coach and Nutritionist for over 15 world title holders in mixed martial arts, I know what is effective and what produces real results you can see and feel.”**

**Dan Freeman**  
Founder of Fight Labs

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